

Implementing Level 5 Activities at Your Setting

The examples of activities you see here at Level 5 are very specific to the rehab building that was originally used to create sessions.

Since you are working in your own environment – you will have to create your activities using rooms and areas available to you. The activity examples you see on the website can serve as a template to help you develop your own building based activities.

If you do not have a large building at your setting – you may have to set up a Level 5 activity that is away from your location. For example you may have to have the family drive the person to a library or drug store with only 1 door exit then meet them there to carry out the activity. It may be that you have to use your facility van to transport the person to the library or drug store.

To get started with the activities at Level 5 it may be helpful to first look at floor plan of the [building](#) used to create the activities on this website. It is a large 2 floor inpatient and outpatient building that provides many options for Level 5 activities.

Ideas for creating a map of your training area:

- Obtain a fire plan map from the maintenance department
- Label the map with landmarks or names of businesses
- Have a person draw a floor plan of the building during their session

Ideas for creating activities to practice following written directions:

- Have the person write or record the directions as they make their way in the building then transcribe later into a document.