

## Implementing Level 7 Activities at Your Setting

The examples of activities you see here at Level 7 are very specific to the environment that was originally used to create sessions.

Since you are working in your own environment – you will have to create your activities using the locations available to you. The activity examples you see on the website can serve as a template to help you develop your own community based activities.

If you do not have a good walk-able training environment accessible to your setting – you may have to set up a Level 7 activity that is away from your location. For example you may have to have the family drive the person to a shopping area and meet them there to carry out the activity. It may be that you have to use your facility van to transport the person to the shopping area.

To get started with the activities at Level 7 it may be helpful to first look at map of the [community area](#) used to create the activities on this website. It is mixed residential and retail area that provides a very walk-able environment for training community reintegration. The area represented on the map is approximately ¼ square mile. Most outings can be completed in 1 hour with a person whose ambulates independently.

If you are in a large hospital setting, but cannot go off the property, you may be able to create activities within your hospital complex. Here is a map of the large [hospital campus](#) used on this website which provides options to practice navigation.

Ideas for creating a map of your training area:

- Do a screen capture from an online map such as Google Maps
- Label the map with landmarks or names of businesses

Ideas for creating activities to practice following written directions:

- Have the person write or record the directions as they make their way then transcribe later into a document.

Ideas for creating “Fill in the Blocks” activities:

- Make it a part of a person’s assignment to draw and label the blocks on a blank schematic you provide to them